

Correlated Standards: ASCA

NOTE: To make assessment of your students' progress easier, the correlated standards on these two pages are integrated into the Student Assessment sheets that follow.

The National Standards for Students of the American School Counselor Association (ASCA) were established to guide school programs that provide the foundation for personal and social growth. Explore Kindness meets the following ASCA standards:

Students will acquire the knowledge, attitudes and interpersonal skills to help them understand and respect self and others.

- ✓ Identify and express feelings
- ✓ Distinguish between appropriate and inappropriate behavior
- ✓ Understand the need for self-control and how to practice it
- ✓ Demonstrate cooperative behavior in groups
- ✓ Use effective communications skills
- ✓ Learn how to make and keep friends

Students will make decisions, set goals and take necessary action to achieve goals.

- ✓ Understand consequences of decisions and choices
- ✓ Develop effective coping skills for dealing with problems
- ✓ Demonstrate when, where and how to seek help for solving problems and making decisions

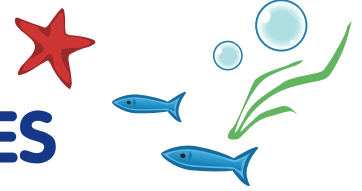
Students will understand safety and survival skills.

- ✓ Learn about the differences between appropriate and inappropriate physical contact
- ✓ Differentiate between situations requiring peer support and situations requiring adult professional help

*(Source: American School Counselor Association (2004).
ASCA National Standards for Students. Alexandria, VA: Author.)*



Correlated Standards: NHES



The Centers for Disease Control and Prevention's National Health Education Standards were developed to establish, promote and support health-enhancing behaviors for students in all grade levels. Explore Learning meets the following NHES standards, 2nd Edition, Pre-K to Grade 2:

Students will demonstrate the ability to access valid information, products, and services to enhance health.

- ✓ Identify trusted adults and professionals who can help promote health
- ✓ Identify ways to locate school and community health helpers

Students will demonstrate the ability to use interpersonal communication skills to enhance health and avoid or reduce health risks.

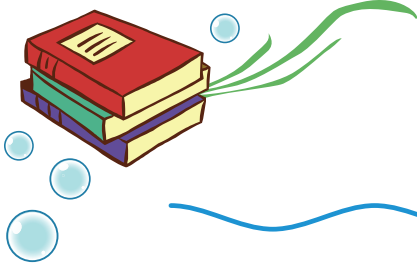
- ✓ Demonstrate healthy ways to express needs, wants, and feelings
- ✓ Demonstrate listening skills to enhance health
- ✓ Demonstrate ways to respond in an unwanted, threatening, or dangerous situation
- ✓ Demonstrate ways to tell a trusted adult if threatened or harmed

Students will demonstrate the ability to use decision-making skills to enhance health.

- ✓ Identify situations when a health-related decision is needed
- ✓ Differentiate between situations when a health-related decision can be made individually or when assistance is needed

(Source: <http://www.cdc.gov/HealthyYouth/SHER/standards/index.htm>)





Student Assessment

	<i>Correlated Standards</i>	<i>Student Initials</i>						
	STUDENT UNDERSTANDS HOW TO:							
I.	Identify and express feelings							
II.	Distinguish between appropriate and inappropriate behaviors							
III.	Practice self-control							
IV.	Demonstrate cooperative behavior while working in groups							
V.	Use effective communications skills							
VI.	Exhibit good friendship behaviors							
VII.	Evaluate and make good choices							
VIII.	Use coping skills to effectively deal with bully situations and other problems							
IX.	Seek help from grownups when needed							
X.	Distinguish between appropriate and inappropriate physical contact							
XI.	Identify and locate adults and professionals who can help with problems							
XII.	Respond appropriately in an unwanted, threatening, or dangerous situation							



